

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 17/05/2024

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	T3	Tom Richards	Tonbridge AC - A	54.4
2	C3	Edmund Adigwe (M45)	Cambridge Harriers	55.1
3	D3	Adam Bernard	Dartford Harriers AC	57.2
4	M3	Darren Wright (M45)	Medway & Maidstone AC	57.7
5	F3	Ashley Reid (M40)	Blackheath & Bromley H AC	60.6
6	A3	Andrew Davies (M40)	Ashford AC	65.4

M35 3000m

1	C3	Chris Loudon	Cambridge Harriers	8:53.7
2	D3	Andrew Pickett (M40)	Dartford Harriers AC	9:14.0
3	T3	Craig Halsey (M45)	Tonbridge AC - A	9:16.1
4	F3	Micah Evans (M40)	Blackheath & Bromley H AC	9:17.1
5	M3	Daniel St Martin	Medway & Maidstone AC	9:18.4
6	A3	David Winston (M40)	Ashford AC	10:02.0

M35 Pole Vault

1	T3	Luke Williams	Tonbridge AC - A	3.52
2	F3	Roger Platt (M50)	Blackheath & Bromley H AC	3.22
3	A3	Peter Le Rossignol (M40)	Ashford AC	2.52
4	D3	Richard Nash (M45)	Dartford Harriers AC	2.02

M35 Discus

1	C3	Steven Marlow	Cambridge Harriers	34.97
2	D3	Richard Nash (M45)	Dartford Harriers AC	30.04
3	M3	Mark Ryan (M40)	Medway & Maidstone AC	28.92
4	A3	Daniel Ofori (M45)	Ashford AC	22.55
5	T3	Milton McNichol Jr (M45)	Tonbridge AC - A	21.65
6	F3	Timothy Ayres	Blackheath & Bromley H AC	14.90

M35 Long Jump

1	F3	Ashley Reid (M40)	Blackheath & Bromley H AC	5.42
2	T3	Benjamin Richardson	Tonbridge AC - A	5.08
3	A3	Daniel Ofori (M45)	Ashford AC	4.95
4	C3	HjalTI Rognvaldsson	Cambridge Harriers	4.49
5	D3	Mark Vrijmoed (M45)	Dartford Harriers AC	4.43
6	M3	Darren Wright (M45)	Medway & Maidstone AC	3.61

M50 400m

1	D5	Richard Brooks	Dartford Harriers AC	57.3
2	C5	Wole Odele (M55)	Cambridge Harriers	59.6
3	F5	Ian Firla	Blackheath & Bromley H AC	60.0
4	T5	Stephen Daly	Tonbridge AC - A	60.1
5	M5	Dean Parkinson	Medway & Maidstone AC	66.2
6	A5	Ian King	Ashford AC	74.5

M50 3000m

1	F5	Luca Ercolani	Blackheath & Bromley H AC	10:13.0
2	T5	Nicholas Arnott	Tonbridge AC - A	10:24.4
3	D5	Reuben Burford	Dartford Harriers AC	10:31.0
4	A5	Ian King	Ashford AC	10:36.5
5	M5	Alun Rodgers (M55)	Medway & Maidstone AC	10:52.2
6	C5	Martin Leat (M60)	Cambridge Harriers	11:40.5

B String				
Pos	Club	Athlete	Club	Perf

1	M4	Jacques Smit (M40)	Medway & Maidstone AC	56.0
2	D4	Terry Hawkey (M40)	Dartford Harriers AC	57.5
3	C4	Nebojsa Jovanovic (M45)	Cambridge Harriers	57.9
4	T4	Benjamin Richardson	Tonbridge AC - A	58.0
5	F4	James Burton	Blackheath & Bromley H AC	58.3
6	A4	Richard Huckstepp (M40)	Ashford AC	61.0

1	M4	Anthony Webb (M45)	Medway & Maidstone AC	9:19.8
2	T4	Jay Smith (M40)	Tonbridge AC - A	9:22.7
3	C4	David Worden	Cambridge Harriers	9:32.3
4	F4	David Adams	Blackheath & Bromley H AC	9:35.3
5	D4	Stuart Waterman (M45)	Dartford Harriers AC	10:00.5
6	A4	Richard Huckstepp (M40)	Ashford AC	10:02.9

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Men - Division 1

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

M50 Pole Vault

1	T5	Ian Crawley (M60)	Tonbridge AC - A	2.42
2	D5	Gary Capon (M60)	Dartford Harriers AC	2.12
3	A5	Michael Goodall (M70)	Ashford AC	2.02
4	F5	Alan Hardy (M65)	Blackheath & Bromley H AC	1.92
5	C5	Paris Hunt (M60)	Cambridge Harriers	1.52

M50 Discus

1	T5	Christopher Leach	Tonbridge AC - A	30.27
2	D5	Stephen Talbot (M55)	Dartford Harriers AC	27.91
3	F5	Simon Tolson (M55)	Blackheath & Bromley H AC	25.13
4	A5	Ian King	Ashford AC	18.48
5	M5	John Foster	Medway & Maidstone AC	13.00
	C5	Peter Wishart (M60)	Cambridge Harriers	nm

M50 Long Jump

1	A5	Peter Davey	Ashford AC	4.88
2	D5	Richard Brooks	Dartford Harriers AC	4.60
3	T5	Stephen Daly	Tonbridge AC - A	4.42
4	F5	Ian Firla	Blackheath & Bromley H AC	4.12
5	M5	John Foster	Medway & Maidstone AC	4.06
6	C5	Wole Odele (M55)	Cambridge Harriers	4.00

M60 400m

1	D6	Colin Bates	Dartford Harriers AC	63.9
2	T6	Ian Crawley	Tonbridge AC - A	69.7
3	C6	Martin Leat	Cambridge Harriers	70.1
4	A6	Stephen Langford (M65)	Ashford AC	73.0
5	F6	Steve Pairman	Blackheath & Bromley H AC	75.0
6	M6	Robert Fursey	Medway & Maidstone AC	76.5

M60 Long Jump

1	T6	Ian Crawley	Tonbridge AC - A	4.35
2	D6	Gary Capon	Dartford Harriers AC	4.30
3	C6	Paris Hunt	Cambridge Harriers	3.93
4	M6	Rob Sibley (M70)	Medway & Maidstone AC	3.09
5	F6	Steve Pairman	Blackheath & Bromley H AC	3.01
6	A6	Stephen Langford (M65)	Ashford AC	2.87

Match Details

	Mt Pts	Pts
1 Tonbridge AC - A	6	66
2 Dartford Harriers AC	5	62
3 Blackheath & Bromley H AC	4	46
4 Cambridge Harriers	3	45
5 Ashford AC	2	36
6 Medway & Maidstone AC	1	34

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	66
2 Dartford Harriers AC	5	62
3 Blackheath & Bromley H AC	4	46
4 Cambridge Harriers	3	45
5 Ashford AC	2	36
6 Medway & Maidstone AC	1	34

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 17/05/2024

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	G3	Johnnie Arnould (M40)	Central Park Athletics	59.3
2	J3	Simon Horler (M45)	Bromley Vets	61.8
3	N3	Joseph Watts (M40)	Tonbridge AC - B	63.4
4	S3	David Killpack	Sevenoaks AC	65.4
5	B3	Martin Jenner	Bexley AC	66.0
6	P3	Robert Bowie (M50)	Paddock Wood AC	69.0

M35 3000m

1	G3	Joshua Teece	Central Park Athletics	9:03.9
2	S3	Jamie Philip (M45)	Sevenoaks AC	9:40.1
3	J3	Simon Horler (M45)	Bromley Vets	9:58.4
4	N3	Tom Woolley (M40)	Tonbridge AC - B	10:05.2
5	B3	Martin Jenner	Bexley AC	11:06.2

M35 Pole Vault

1	J3	Simon Horler (M45)	Bromley Vets	1.82
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M35 Discus

1	B3	Martin Lloyd (M40)	Bexley AC	32.47
2	N3	Mark Jessup (M55)	Tonbridge AC - B	23.18
3	J3	Simon Horler (M45)	Bromley Vets	15.46
4	S3	Jon Maxim (M45)	Sevenoaks AC	13.50
5	G3	Johnnie Arnould (M40)	Central Park Athletics	12.37

M35 Long Jump

1	B3	Paul Slater	Bexley AC	5.52
2	S3	David Killpack	Sevenoaks AC	4.18
3	N3	Joseph Watts (M40)	Tonbridge AC - B	4.16
4	G3	Robert Lenihan (M40)	Central Park Athletics	3.31
5	J3	James Willingham (M45)	Bromley Vets	3.22

M50 400m

1	N5	Mark Jessup (M55)	Tonbridge AC - B	60.6
2	J5	Tim Sowter (M55)	Bromley Vets	62.6
3	B5	James Macdonald	Bexley AC	64.0
4	P5	Mark Woods (M60)	Paddock Wood AC	64.4
5	S5	Graham Dwyer	Sevenoaks AC	66.4
6	G5	Barry Angell	Central Park Athletics	81.2

M50 3000m

1	B5	Alan Perryman (M55)	Bexley AC	10:54.4
2	J5	Jonathan Wilson (M55)	Bromley Vets	11:23.0
3	P5	David Sampson (M60)	Paddock Wood AC	11:42.8
4	S5	Graham Dwyer	Sevenoaks AC	12:15.7
5	G5	Alan Clisby (M55)	Central Park Athletics	12:23.4

M50 Pole Vault

1	P5	Mark Woods (M60)	Paddock Wood AC	1.72
2	N5	Iain Presnell (M65)	Tonbridge AC - B	1.52

B String				
Pos	Club	Athlete	Club	Perf

1	N4	Jacek Traczynski (M40)	Tonbridge AC - B	64.7
2	J4	Andrew Cooper	Bromley Vets	64.8
3	G4	Robert Lenihan (M40)	Central Park Athletics	66.1
4	P4	Trevor Simms (M55)	Paddock Wood AC	67.4
5	S4	Jon Maxim (M45)	Sevenoaks AC	67.8
6	B4	Leo-Kennedy Azodoh (M55)	Bexley AC	70.2

1	G4	Johnnie Arnould (M40)	Central Park Athletics	10:13.7
2	J4	James Willingham (M45)	Bromley Vets	10:19.7
3	N4	Joseph Watts (M40)	Tonbridge AC - B	11:02.2
4	B4	Terry Roffey (M40)	Bexley AC	11:27.5
5	S4	David Killpack	Sevenoaks AC	11:45.0

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Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 Discus

1	B5	Graham Holder	Bexley AC	36.36
2	J5	Jonathan Wilson (M55)	Bromley Vets	21.95
3	P5	Mark Woods (M60)	Paddock Wood AC	20.47
4	N5	Iain Presnell (M65)	Tonbridge AC - B	19.88
5	S5	Neil Haggertay (M60)	Sevenoaks AC	13.15
6	G5	Paul Cheeseman	Central Park Athletics	11.21

M50 Long Jump

1	B5	Leo-Kennedy Azodoh (M55)	Bexley AC	4.13
2	N5	Richard Preston	Tonbridge AC - B	4.03
3	P5	Robert Bowie	Paddock Wood AC	3.93
4	S5	Graham Dwyer	Sevenoaks AC	3.67
5	G5	Paul Cheeseman	Central Park Athletics	2.91

M60 400m

1	J6	Steven Moss	Bromley Vets	65.4
2	N6	Philip Coleman	Tonbridge AC - B	67.2
3	P6	David Sampson	Paddock Wood AC	69.9
4	G6	John Arnould (M65)	Central Park Athletics	80.1
5	S6	Neil Haggertay	Sevenoaks AC	88.2

M60 Long Jump

1	J6	Steven Moss	Bromley Vets	4.37
2	P6	Mark Woods	Paddock Wood AC	3.52
3	S6	Neil Haggertay	Sevenoaks AC	3.27
4	N6	Iain Presnell (M65)	Tonbridge AC - B	3.19
5	B6	Anthony Garrett (M80)	Bexley AC	2.51
6	G6	Brent Parker (M65)	Central Park Athletics	2.05

Match Details

1	Bromley Vets	6	58
2	Tonbridge AC - B	5	53
3	Bexley AC	4	44
4	Central Park Athletics	3	37
5	Sevenoaks AC	2	36
6	Paddock Wood AC	1	34

1	Bromley Vets	6	58
2	Tonbridge AC - B	5	53
3	Bexley AC	4	44
4	Central Park Athletics	3	37
5	Sevenoaks AC	2	36
6	Paddock Wood AC	1	34

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 17/05/2024

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

Mens Non Scoring Results

M35

400m

Stuart McNally (M45)	Dartford Harriers AC	58.3
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3000m

Jack Bradley (M35)	Medway & Maidstone AC	9:33.8
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Justin Lane (M45)	Medway & Maidstone AC	9:40.2
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Peter Reynolds (M35)	Cambridge Harriers	9:55.8
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James Macdonald (M40)	Bexley AC	10:55.9
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Andrew Davies (M40)	Ashford AC	11:32.4
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M50

3000m

Steve Hough (M50)	Blackheath & Bromley H AC	10:38.1
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Tim Sowter (M55)	Bromley Vets	10:53.8
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Gavin Kitchingham (M55)	Bromley Vets	11:16.0
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Michael Thomson (M55)	Tonbridge AC	11:17.9
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Derek Jee (M50)	Tonbridge AC	11:22.7
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Robert Fursey (M60)	Medway & Maidstone AC	12:42.4
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M60

400m

Mark Kybert (M60)	Dartford Harriers AC	65.3
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Chris Martin (M50)	Blackheath & Bromley H AC	66.0
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Steve Hough (M50)	Blackheath & Bromley H AC	68.6
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John Barron (M65)	Cambridge Harriers	76.8
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Jonathan Lineker (M55)	Tonbridge AC	81.1
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James Rooks (M65)	Cambridge Harriers	83.5
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SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 17/05/2024

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	D3	Kat Sutton	Dartford Harriers AC	58.4
2	F3	Daniela Sage (W45)	Blackheath & Bromley H AC	67.6
3	M3	Karen Cudmore (W50)	Medway & Maidstone AC	69.0
4	T3	Charlotte Warren	Tonbridge AC - A	69.8
5	C3	Joanna Parke (W45)	Cambridge Harriers	79.5
6	B3	Lisa Rickus (W40)	Bexley AC	85.8

W35 3000m

1	F3	Carole Coulon (W45)	Blackheath & Bromley H AC	10:45.3
2	T3	Nichola Evans (W40)	Tonbridge AC - A	10:52.3
3	D3	Tereza Grainger-Francova (W40)	Dartford Harriers AC	11:22.7
4	M3	Chloe Hammond (W40)	Medway & Maidstone AC	12:00.0
5	C3	Sophie Johnson	Cambridge Harriers	12:14.4
6	B3	Wendy Prowse (W45)	Bexley AC	14:02.2

W35 Triple Jump

1	M3	Catherine Rodwell	Medway & Maidstone AC	6.89
2	T3	Sarah Westrap (W45)	Tonbridge AC - A	6.78
3	B3	Sarah Dodds (W45)	Bexley AC	6.71
4	D3	Rebecca Miah	Dartford Harriers AC	6.67
5	C3	Joanna Parke (W45)	Cambridge Harriers	6.64
6	F3	Daniela Sage (W45)	Blackheath & Bromley H AC	6.21

W35 Discus

1	T3	Charlotte Nicholls	Tonbridge AC - A	24.48
2	C3	Natalie Mann	Cambridge Harriers	23.39
3	B3	Zsuzsanna Racz (W40)	Bexley AC	18.21
4	M3	Rachel Hicks	Medway & Maidstone AC	17.66
5	D3	Kirstie Cooper (W45)	Dartford Harriers AC	16.62
6	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	16.01

W50 400m

1	T5	Nina Ridge	Tonbridge AC - A	68.4
2	F5	Jennie Butler	Blackheath & Bromley H AC	69.2
3	M5	Bernadette Harrop	Medway & Maidstone AC	72.0
4	C5	Lisa Atkinson	Cambridge Harriers	77.4
5	B5	Wendy Masters (W55)	Bexley AC	82.6
6	D5	Amanda Wolfe (W55)	Dartford Harriers AC	84.8

W50 3000m

1	T5	Maria Heslop (W55)	Tonbridge AC - A	10:58.7
2	M5	Kerstin Sung	Medway & Maidstone AC	11:31.4
3	C5	Julie Backley	Cambridge Harriers	12:04.4
4	D5	Stephanie Wood (W55)	Dartford Harriers AC	13:39.5
5	B5	Claire Briner	Bexley AC	14:45.9
6	F5	Helen Godsell (W70)	Blackheath & Bromley H AC	15:41.7

B String				
Pos	Club	Athlete	Club	Perf

1	C4	Sophie Johnson	Cambridge Harriers	71.0
2	D4	Rebecca Miah	Dartford Harriers AC	73.1
3	F4	Laura Bestow	Blackheath & Bromley H AC	73.4
4	T4	Sarah Westrap (W45)	Tonbridge AC - A	76.6
5	M4	Hayley Palmer (W40)	Medway & Maidstone AC	88.7
6	B4	Sarah Dodds (W45)	Bexley AC	92.0

1	T4	Claire Day (W40)	Tonbridge AC - A	11:28.6
2	F4	Sarah Belaon (W40)	Blackheath & Bromley H AC	12:18.9
3	M4	Karen Cudmore (W50)	Medway & Maidstone AC	12:21.8
4	C4	Rose Baker (W55)	Cambridge Harriers	12:58.3
5	D4	Donna Turner (W40)	Dartford Harriers AC	14:03.9

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Women - Division 1

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

W50 Triple Jump

1	T5	Nina Ridge	Tonbridge AC - A	8.68
2	B5	Wendy Masters (W55)	Bexley AC	7.60
3	D5	Teresa Eades (W65)	Dartford Harriers AC	7.36
4	M5	Karen Cudmore	Medway & Maidstone AC	7.25
5	F5	Jacqueline Montgomery (W60)	Blackheath & Bromley H AC	6.23
6	C5	Maria Macdonald (W70)	Cambridge Harriers	5.09

W50 Discus

1	T5	Nina Ridge	Tonbridge AC - A	25.93
2	B5	Sam Ansell	Bexley AC	18.31
3	C5	Christine Bond (W60)	Cambridge Harriers	14.66
4	F5	Jennie Butler	Blackheath & Bromley H AC	13.25
5	M5	Karen Cudmore	Medway & Maidstone AC	10.46

W60 400m

1	F6	Helen Godsell (W70)	Blackheath & Bromley H AC	77.8
2	C6	Christine Bond (W60)	Cambridge Harriers	83.9
3	B6	Christine Pates	Bexley AC	87.4
4	D6	Julie Hibbard	Dartford Harriers AC	100.6

W60 Discus

1	B6	Christine Pates	Bexley AC	15.02
2	F6	Jacqueline Montgomery	Blackheath & Bromley H AC	13.88
3	D6	Teresa Eades (W65)	Dartford Harriers AC	12.71
4	C6	Maria Macdonald (W70)	Cambridge Harriers	9.33

Match Details

	Mt Pts	Pts
1 Tonbridge AC - A	6	52
2 Blackheath & Bromley H AC	5	44
3 Cambridge Harriers	4	40
4 Dartford Harriers AC	3	37
5 Medway & Maidstone AC	2	36
6 Bexley AC	1	35

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	52
2 Blackheath & Bromley H AC	5	44
3 Cambridge Harriers	4	40
4 Dartford Harriers AC	3	37
5 Medway & Maidstone AC	2	36
6 Bexley AC	1	35

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 17/05/2024

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	S3	Rebecca Pickard (W45)	Sevenoaks AC	68.4
2	A3	Gemma Carter Collins (W45)	Ashford AC	70.7
3	N3	Lisa Knight (W50)	Tonbridge AC - B	71.2
4	J3	Rachel Perry (W45)	Bromley Vets	74.9
5	G3	Coralie Charles	Central Park Athletics	86.2

W35 3000m

1	A3	Gemma Carter Collins (W45)	Ashford AC	11:18.1
2	J3	Delia Beddis (W40)	Bromley Vets	11:53.4
3	G3	Elizabeth Brookes (W45)	Central Park Athletics	11:54.61
4	N4	Sasha Humphries (W50)	Tonbridge AC - B	12:02.6

W35 Triple Jump

1	N3	Angie Crush (W45)	Tonbridge AC - B	6.05
2	J3	Tracey Simmons (W45)	Bromley Vets	5.05

W35 Discus

1	N3	Helen Wrigley (W45)	Tonbridge AC - B	16.71
2	J3	Tracey Simmons (W45)	Bromley Vets	13.53
3	A3	Gemma Carter Collins (W45)	Ashford AC	11.57
4	G3	Coralie Charles	Central Park Athletics	10.35

W50 400m

1	N5	Diane Wright	Tonbridge AC - B	74.1
2	G5	Caroline Curtis (W55)	Central Park Athletics	90.1

W50 3000m

1	N5	Grazia Manzotti	Tonbridge AC - B	13:21.1
2	J5	Rowena Kibblewhite	Bromley Vets	13:39.4
3	G5	Caroline Curtis (W55)	Central Park Athletics	13:48.9
4	A5	Jenny Brown (W60)	Ashford AC	14:32.4

W50 Triple Jump

1	P5	Teresa Hinton (W60)	Paddock Wood AC	6.17
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W50 Discus

1	N5	Sally Vine (W55)	Tonbridge AC - B	19.98
2	J5	Shirley Wheeler (W55)	Bromley Vets	12.53

W60 400m

1	A6	Jenny Brown	Ashford AC	76.6
2	G6	Denise Rose	Central Park Athletics	72.2
	J6	Anne Unseld (W75)	Bromley Vets	111,2

W60 Discus

1	A6	Jenny Brown	Ashford AC	19.28
2	P6	Teresa Hinton	Paddock Wood AC	13.31
3	J6	Anne Unseld (W75)	Bromley Vets	8.46
4	G6	Denise Rose	Central Park Athletics	8.42

B String				
Pos	Club	Athlete	Club	Perf

1	A4	Georgiana Robitu	Ashford AC	78.5
2	G4	Lindsey Sanders (W40)	Central Park Athletics	80.3
3	N4	Sasha Humphries (W50)	Tonbridge AC - B	82.1
4	J4	Tracey Simmons (W45)	Bromley Vets	90.9

1	N3	Lisa Knight (W50)	Tonbridge AC - B	12:05.3
2	A4	Georgiana Robitu	Ashford AC	12:17.0
3	J4	Rachel Perry (W45)	Bromley Vets	13:31.5
4	G4	Kelly Noble (W45)	Central Park Athletics	13:38.2

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Women - Division 2

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

Match Details	Mt Pts	Pts
1 Tonbridge AC - B	6	47
2 Ashford AC	5	41
3 Bromley Vets	4	39
4 Central Park Athletics	3	34
5 Paddock Wood AC	2	11
6 Sevenoaks AC	1	6

Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - B	6	47
2 Ashford AC	5	41
3 Bromley Vets	4	39
4 Central Park Athletics	3	34
5 Paddock Wood AC	2	11
6 Sevenoaks AC	1	6

Womens Non Scoring Results

W35
3000m

Michala Bridgland (W45)	Ashford AC	13:51.7
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