



NATIONAL ATHLETICS LEAGUE 2021

REGION	NATIONAL ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Championship South	
MATCH	3	
P/FINISH	YES	
		1

Date 07/08/2021
Venue KINGS PARK ATHLETIC TRACK
Host Club Bournemouth AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
A	Basingstoke & Mid Hants AC	BasMH		162.6	15.6	178.1	356.3
B	Bournemouth AC	B'mouth		135.6	10.6	207.0	353.2
C	Crawley AC	Craw		196.1	25.3	213.6	435.0
D	Tonbridge AC	Tonb		156.7	17.2	137.8	311.7
-							

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	Crawley AC	435.0				435.0	
2	Basingstoke & Mid Hants AC	356.3				356.3	
3	Bournemouth AC	353.2				353.2	
4	Tonbridge AC	311.7				311.7	
5							

TOTAL EVENTS
NO COMPETITORS/EVENT CANCELLED/NMR
EVENT SCORED
REMAINING

38
-
39
- 1

NATIONAL ATHLETICS LEAGUE KINGS PARK ATHLETIC TRACK Match 3 07/08/2021

100m Men A

Posn	No.	Athlete
1	C	Frederick AFRIFA
2	D	Josh SHAGHAGHI
3	A	Scott GUNNING
4	B	Aidan PATTON
5		
6		

Wind	+2.8
Club	Perf
Craw	10.67
Tonb	10.81
BasMH	10.98
B'mouth	11.09

100m Men B

Posn	No.	Athlete
1	BB	James LELLIOTT
2	AA	James RICHARDSON (U20)
3	CC	Daniel TEWOGBADE (U20)
4	AX	Dean SHOWLER-DAVIS
5	BX	Joseph HAYWOOD
6	CX	Aaron CARTER

Wind	+1.3
Club	Perf
B'mouth	10.76
BasMH	11.15
Craw	11.17
BasMH NS	11.26
B'mouth NS	11.35
Craw NS	11.42

200m Men A

Posn	No.	Athlete
1	B	James LELLIOTT
2	A	Scott GUNNING
3	C	James MCCULLOCH (U20)
4	D	Josh SHAGHAGHI
5		
6		

Wind	+3.7
Club	Perf
B'mouth	21.65
BasMH	22.03
Craw	22.18
Tonb	22.76

200m Men B

Posn	No.	Athlete
1	CC	Craig COX
2	AX	Pravansh KANUMOLU (U20)
3	CX	Daniel TEWOGBADE (U20)
4	AA	James RICHARDSON (U20)
5	BB	Joseph HAYWOOD
6	DD	Ben RICHARDSON

Wind	+4.3
Club	Perf
Craw	22.21
BasMH NS	22.47
Craw NS	22.48
BasMH	22.69
B'mouth	23.48
Tonb	24.16

400m Men A

Posn	No.	Athlete
1	C	Matthew OVERALL
2	B	Piers COPELAND
3	A	Jack MESSENGER
4	DD	Michael ELLIS
5		
6		

Club	Perf
Craw	48.55
B'mouth	49.37
BasMH	52.35
Tonb	57.32

400m Men B

Posn	No.	Athlete
1	CC	Frederick AFRIFA
2	AA	Daniel THOMAS
3	D	Joshua O'BRIEN (U20)
4		
5		
6		

Club	Perf
Craw	49.33
BasMH	53.04
Tonb	59.85

800m Men A

Posn	No.	Athlete
1	D	Kieran REILLY
2	B	Jamie GROSE
3	C	Dylan HANSLOW (U20)
4	A	Alex BIGG
5		
6		

Club	Perf
Tonb	01:54.89
B'mouth	01:56.51
Craw	01:58.88
BasMH	02:05.70

800m Men B

Posn	No.	Athlete
1	DD	Toby EMM (U20)
2	BB	Oliver JAMES (U20)
3	AA	Ben HAZELL
4	CC	Pyers LOCKWOOD (U20)
5		
6		

Club	Perf
Tonb	02:00.54
B'mouth	02:00.84
BasMH	02:09.11
Craw	02:09.58

1500m Men A

Posn	No.	Athlete
1	D	Jordan CHAMBERS
2	C	Jack WOODS
3	B	Oliver JAMES (U20)
4	AA	Cameron COVENEY (U20)
5		
6		

Club	Perf
Tonb	04:03.40
Craw	04:07.15
B'mouth	04:14.39
BasMH	04:19.36

1500m Men B

Posn	No.	Athlete
1	DD	Jamie GOODGE
2	CC	Nathan BUCKERIDGE (U20)
3	A	George MORRIS
4		
5		
6		

Club	Perf
Tonb	04:04.40
Craw	04:12.13
BasMH	04:28.12

NATIONAL ATHLETICS LEAGUE KINGS PARK ATHLETIC TRACK Match 3 07/08/2021

3000m Men A

Posn	No.	Athlete	Club	Perf
1	A	Dave RAGAN	BasMH	09:00.03
2	D	Stuart BROWN	Tonb	09:01.31
3	C	Thomas JAMES (U20)	Craw	09:02.94
4	B	Robert SPENCER	B'mouth	09:05.26
5				
6				

REC

3000m Men B

Posn	No.	Athlete	Club	Perf
1	AA	Rob WOOD	BasMH	09:01.63
2	DD	James KINGSTON (U20)	Tonb	09:02.39
3	CC	Howard BRISTOW	Craw	09:26.57
4	BB	Richard BRAWN	B'mouth	10:06.34
5				
6				

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	D	Michael ELLIS	Tonb	10:17.20
2	C	Tim ELLIS	Craw	11:56.40
3	A	Mark NORRIS	BasMH	DQ
4				
5				
6				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	CC	Robert CREED	Craw	12:53.70
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	A	Jack MESSENGER	BasMH	55.82
2	CC	Benjamin OKEIYI VICENCIO (U20)	Craw	56.66
3	D	Michael ELLIS	Tonb	70.86
4				
5				
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	AA	Dave AWDE	BasMH	57.03
2	C	Pyers LOCKWOOD (U20)	Craw	57.93
3				
4				
5				
6				

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	A	Daniel THOMAS	BasMH	15.08
2	C	Bradley EISNOR	Craw	15.32
3	D	Ben RICHARDSON	Tonb	16.63
4	AX	Dave AWDE	BasMH NS	16.67
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	AA	Jack MESSENGER	BasMH	15.24
2	CC	Joe MORRIS	Craw	16.13
3				
4				
5				
6				

100m N/S Men

Posn	No.	Athlete	Club	Perf
1	61	Aaron CARTER	Craw	11.05
2	63	Bradley EISNOR	Craw	11.11
3	62	Craig COX	Craw	11.25
4	2	Dean SHOWLER-DAVIS	BasMH	11.28
5	1	Josh STRUDWICK	BasMH	11.30
6	64	Yash MAJITHIA	Craw	11.44

200m N/S Men

Posn	No.	Athlete	Club	Perf
1	65	Benjamin OKEIYI	Craw	23.22
2	5	Harrison COTTON	BasMH	23.36
3	66	Yash MATITHIA	Craw	23.69
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	BB	James LELLIOTT	B'mouth	7.43	+2.5
2	C	Adam LINDO (U20)	Craw	7.10	+1.5
3	AA	Harrison COTTON (U17)	BasMH	6.46	+4.9
4	DD		Tonb	5.83	+4.8

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	B	Aidan PATTON	B'mouth	6.78	+3.7
2	CC	MORGAN HAYWARD	Craw	6.68	+2.1
3	A	Dave AWDE	BasMH	5.66	+2.5
4					

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	C	Bradley EISNOR	Craw	1.92
2	DD	Lewis CHURCH	Tonb	1.92
3	B	James GLYNN	B'mouth	1.87
4	A	Joshua STRUDWICK	BasMH	1.72

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	D	David FULLBROOK	Tonb	1.77
2	AA	Ben HAZELL	BasMH	1.67
3	CC	Joe MORRIS	Craw	1.52
4	BB	Samuel ADAMS (U20)	B'mouth	1.52

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	C	MORGAN HAYWARD	Craw	14.63	+1.4
2	B	Aidan PATTON	B'mouth	12.96	+3.2
3	A	Dave AWDE	BasMH	11.77	+0.4
4					
5					
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	CC	Jack WOODFORD	Craw	12.74	+0.6
2	AA	Harrison COTTON (U17)	BasMH	11.69	+0.1
3					
4					
5					
6					

NATIONAL ATHLETICS LEAGUE KINGS PARK ATHLETIC TRACK Match 3 07/08/2021

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	A	Tom CHANDLER	BasMH	4.12
2	C	William SNASHALL (U20)	Craw	4.02
3	B	Aidan PATTON	B'mouth	2.52

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	AA	Caius JOSEPH	BasMH	4.02
2	CC	Dillan TIERNEY (U20)	Craw	3.52
3	BB	Steve COX	B'mouth	2.52
	n/s	George TURNER	Craw	5.10

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	DD	Lewis CHURCH	Tonb	13.09
2	B	Dan BRUNSDEN	B'mouth	12.54
3	CC	Joe MORRIS	Craw	12.25
4	AA	Caius JOSEPH	BasMH	11.98
5				
6				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	BB	Adam PHILLIPS	B'mouth	12.31
2	D	Harry KENDALL	Tonb	12.06
3	A	Tom CHANDLER	BasMH	11.47
4	C	Bradley EISNOR	Craw	9.66
5				
6				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	BB	Adam PHILLIPS	B'mouth	48.83
2	A	Rafer JOSEPH	BasMH	42.55
3	DD	Lewis CHURCH	Tonb	39.83
4	C	Bradley EISNOR	Craw	37.40
5				
6				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	B	Dan BRUNSDEN	B'mouth	38.76
2	AA	Caius JOSEPH	BasMH	38.31
3	D	Harry KENDALL	Tonb	37.33
4	CC	Joe MORRIS	Craw	36.90
5				
6				

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	B	Dan BRUNSDEN	B'mouth	45.32
2	A	Rafer JOSEPH	BasMH	44.78
3	CC	Joe MORRIS	Craw	32.02
4				
5				
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	AA	Joseph FLITCROFT	BasMH	42.53
2	BB	Adam PHILLIPS	B'mouth	36.02
3	C	Ashley TIERNEY (U20)	Craw	23.96
4				
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	CC	Bayley ELLIOT	Craw	59.14
2	BB	James LELLIOTT	B'mouth	56.77
3	DD	Lewis CHURCH	Tonb	48.93
4	AA	Ben HAZELL	BasMH	48.10
5				
6				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	B	Dan BRUNSDEN	B'mouth	42.81
2	C	Bradley EISNOR	Craw	42.47
3	A	Joshua STRUDWICK	BasMH	39.54
4	D	David FULLBROOK	Tonb	X
5				
6				

4 x 100m Men A

Posn	No.	Runners	Club	Perf
1	C	Craig COX Matthew OVERALL James MCCULLOCH (U20) Daniel TEWOGBADE (U20)	Craw	43.64
2	D	Ben RICHARDSON Josh SHAGHAGHI David FULLBROOK Michael ELLIS	Tonb	51.02
3	A	Tom CHANDLER Caius JOSEPH Pravansh KANUMOLU (U20) James RICHARDSON (U20)	BasMH	DNF
4	B	Aidan PATTON Joseph HAYWOOD Adam PHILLIPS James LELLIOTT	B'mouth	DQ
5				
6				

4 x 400m Men A

Posn	No.	Runners	Club	Perf
1	C	James MCCULLOCH (U20) Frederick AFRIFA Pyers LOCKWOOD (U20) Matthew OVERALL	Craw	03:23.07
2	A	Tom CHANDLER Daniel THOMAS Harrison COTTON (U17) Scott GUNNING	BasMH	03:31.93
3	D	Toby EMM (U20) Jamie GOODGE Jordan CHAMBERS Stuart BROWN	Tonb	03:38.03
4				
5				
6				

NATIONAL ATHLETICS LEAGUE KINGS PARK ATHLETIC TRACK Match 3 07/08/2021

100m Women A

Posn	No.	Athlete	Club	Perf
1	B	Amelia VERNEY (U20)	B'mouth	11.88
2	A	Ayomide COLE (U17)	BasMH	12.30
3	C	Jessica LISTER (U20)	Craw	12.33
4	D	Emily BOWART (U20)	Tonb	13.27
5				
6				

200m Women A

Posn	No.	Athlete	Club	Perf
1	B	Amelia VERNEY (U20)	B'mouth	24.40
2	C	Jessica LISTER (U20)	Craw	25.23
3	A	Ayomide COLE (U17)	BasMH	25.48
4	D	Isabella FASSNIDGE (U20)	Tonb	26.28
5				
6				

400m Women A

Posn	No.	Athlete	Club	Perf
1	D	Asha ROOT	Tonb	57.21
2	C	Grace VANS AGNEW	Craw	59.92
3	B	Olivia GALLOWAY	B'mouth	63.85
4				
5				
6				

800m Women A

Posn	No.	Athlete	Club	Perf
1	DD	Pandora BANBURY	Tonb	02:28.13
2	A	Isabel PINDER (U20)	BasMH	02:33.60
3	C	Poppy OLIVER (U20)	Craw	02:55.61
4				
5				
6				

1500m Women A

Posn	No.	Athlete	Club	Perf
1	C	Yasmin KASHDAN (U17)	Craw	04:44.98
2	D	Katie GOODGE (U20)	Tonb	04:48.37
3	A	Kate ESTLEA	BasMH	04:49.98
4	B	Holly COLLIER	B'mouth	05:09.80
5				
6				

100m Women B

Posn	No.	Athlete	Club	Perf
1	BB	Brooke IRONSIDE (U20)	B'mouth	12.11
2	CC	Adeline PRESTON (U20)	Craw	12.51
3	AA	Devon MATHER	BasMH	13.55
4	DD		Tonb	13.67
5				
6				

200m Women B

Posn	No.	Athlete	Club	Perf
1	BB	Brooke IRONSIDE (U20)	B'mouth	24.94
2	CC	Grace VANS AGNEW	Craw	25.90
3	AA	Devon MATHER	BasMH	28.09
4				
5				
6				

400m Women B

Posn	No.	Athlete	Club	Perf
1	DD	Emily BOWART (U20)	Tonb	59.34
2	DX	Isabella FASSNIDGE (U20)	Tonb NS	59.42
3	CC	Mia O'HARA (U20)	Craw	65.59
4	BB	Danielle MARSHALL	B'mouth	68.81
5				
6				

800m Women B

Posn	No.	Athlete	Club	Perf
1	D	Jessica MURPHY	Tonb	02:41.29
2	CC	Alicia BORRILL (U20)	Craw	02:59.25
3				
4				
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

NATIONAL ATHLETICS LEAGUE KINGS PARK ATHLETIC TRACK Match 3 07/08/2021
3000m Women A

Posn	No.	Athlete	Club	Perf
1	B	Holly COLLIER	B'mouth	10:44.05
2	A	Rebecca SLEAP	BasMH	10:48.03
3				
4				
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	AA	Rebecca PEARSON	BasMH	11:37.49
2	BB	Julia AUSTIN	B'mouth	13:32.86
3				
4				
5				
6				

2000m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	D	Rebekah O'BRIEN (U20)	Tonb	65.31
2	C	Mia O'HARA (U20)	Craw	69.87
3	B	Danielle MARSHALL	B'mouth	74.84
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

100m Hurdles Women A

Posn	No.	Athlete	Club	Perf	Wind
1	C	Olivia CONNOR	Craw	15.66	+1.9
2	D	Rebekah O'BRIEN (U20)	Tonb	15.99	
3	A	Emma KING	BasMH	18.34	
4	B	Danielle MARSHALL	B'mouth	19.88	
5					
6					

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	CC	Isabelle HUMPHREYS (U20)	Craw	16.73	+1.9
2					
3					
4					
5					
6					

100m N/S Women A

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Women A

Posn	Bib	Athlete	Club	Perf	Wind
1	C	Olivia CONNOR	Craw	5.74	+1.7
2	B	Brooke IRONSIDE (U20)	B'mouth	5.63	+0.1
3	A	Vera ANTONOVA	BasMH	5.04	+1.7
4					
5					
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	Wind
1	CC	Jade BREWSTER	Craw	5.13	+3.1
2	BB	Isabelle FRANKLIN (U20)	B'mouth	5.01	+0.9
3					
4					
5					
6					

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	B	JAZMIN COOKE (U20)	B'mouth	1.72
2	D	Freya RIDGE (U20)	Tonb	1.62
3	CC	Jo ROWLAND	Craw	1.62
4	A	Katia HAZELL	BasMH	1.57

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	C	Olivia CONNOR	Craw	1.62
2	DD	Saskia LEAN (U17)	Tonb	1.57
3	BB	Anya SANDELL (U20)	B'mouth	1.32
	n/s	Rebekah O'Brien	Tonb	1.57

NATIONAL ATHLETICS LEAGUE KINGS PARK ATHLETIC TRACK Match 3 07/08/2021
Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	C	Mame SOW (U20)	Craw	12.68	+2.4
2	D	Freya RIDGE (U20)	Tonb	10.57	+4.0
3	B	Olivia GALLOWAY	B'mouth	10.38	+1.2
4	A	Kim SAHA	BasMH	7.56	+1.1
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	CC	Adeline PRESTON (U20)	Craw	11.68	+4.2
2	DD	Saskia LEAN (U17)	Tonb	9.63	+3.1
3	BB	Danielle MARSHALL	B'mouth	8.52	+2.5
4					
5					
6					

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	A	Kim SAHA	BasMH	2.72
2	C	Hannah GRIFFIN (U20)	Craw	2.42
3	B	Anyia SANDELL (U20)	B'mouth	2.02

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
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Shot Women A

Posn	Bib	Athlete	Club	Perf
1	C	Jo ROWLAND	Craw	13.46
2	B	Danielle BROOM	B'mouth	11.59
3	D	Kirsty Ann EBBAGE (U20)	Tonb	9.69
4	A	Katia HAZELL	BasMH	9.58
5				
6				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	BB	Olivia GALLOWAY	B'mouth	10.47
2	CC	Isabelle HUMPHREYS (U20)	Craw	8.86
3	AA	Gabriella HOLT	BasMH	8.66
4	DD	Nina RIDGE	Tonb	8.05
5				
6				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	B	Danielle BROOM	B'mouth	41.48
2	D	Kirsty Ann EBBAGE (U20)	Tonb	39.03
3	C	Jo ROWLAND	Craw	34.92
4	A	Katia HAZELL	BasMH	29.08
5				
6				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	DD	Nina RIDGE	Tonb	26.24
2	BB	ISABELLA SHEPHERD	B'mouth	24.14
3	CC	Isabelle HUMPHREYS (U20)	Craw	21.36
4	AA	Gabriella HOLT	BasMH	19.87
5				
6				

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	B	Danielle BROOM	B'mouth	56.12
2	D	Kirsty Ann EBBAGE (U20)	Tonb	42.60
3	A	Gabriella HOLT	BasMH	41.91
4	C	Jo ROWLAND	Craw	28.63
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	BB	ISABELLA SHEPHERD	B'mouth	41.93
2	DD	Nina RIDGE	Tonb	22.61
3	CC	Alicia BORRILL (U20)	Craw	7.40
4				
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	C	Jo ROWLAND	Craw	39.96
2	B	Olivia GALLOWAY	B'mouth	35.06
3	AA	Vera ANTONOVA	BasMH	32.15
4	DD	Rebekah O'BRIEN (U20)	Tonb	28.47
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	A	Katia HAZELL	BasMH	30.38
2	BB	Danielle BROOM	B'mouth	26.36
3	D	Freya RIDGE (U20)	Tonb	26.31
4	CC	Isabelle HUMPHREYS (U20)	Craw	25.76
5				
6				

**NATIONAL ATHLETICS LEAGUE KINGS PARK ATHLETIC TRACK Match 3 07/08/2021****4 x 100m Women A**

Posn	No.	Runners		Perf
1	C	Jessica LISTER (U20) Adeline PRESTON (U20) Olivia CONNOR Alicia BORRILL (U20)	Craw	50.04
2	B	Yasmin BRIDET (U20) Brooke IRONSIDE (U20) JAZMIN COOKE (U20) Amelia VERNEY (U20)	B'mouth	50.33
3	A	Devon MATHER Isabel PINDER (U20) Katia HAZELL Ayomide COLE (U17)	BasMH	51.68
4	D		Tonb	51.98
5				
6				

4 x 400m Women A

Posn	No.	Runners		Perf
1	D		Tonb	04:06.95
2	C	Jessica LISTER (U20) Mia O'HARA (U20) Poppy OLIVER (U20) Grace VANS AGNEW	Craw	04:08.23
3	A	Isabel PINDER (U20) Kate ESTLEA Rebecca SLEAP Ayomide COLE (U17)	BasMH	04:22.49
4	B	Brooke IRONSIDE (U20) Olivia GALLOWAY Danielle MARSHALL Danielle BROOM	B'mouth	04:28.73
5				
6				